

# Parc at Traditions - The Magnolia

MAY 2019

| SUNDAY  | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY   |
|---|--|--|--|--|---|--|
|   |  |  | 9:30 Group Exercise <b>1</b><br>10:15 Name That State<br>10:30 Refreshments<br>11:00 Hand Massages<br>3:00 May Day Celebration<br>3:30 Refreshments<br>4:00 Chair Yoga                             | 9:15 Gardening Club <b>2</b><br>10:00 PO-KE-NO - AL:DR<br>10:30 Refreshments<br>10:30 Strength Exercise<br>11:15 Music with Don - AL:TR<br>3:00 Cooking Club: Yogurt Parfaits<br>3:30 Refreshments                           | 9:15 Read & Relax <b>3</b><br>9:45 Balloon Volleyball<br>10:30 Refreshments<br>3:00 Cinco de Mayo Party<br>3:30 Refreshments  | 10:00 Balloon Volleyball <b>4</b><br>10:30 Brain Games<br>10:30 Refreshments<br>2:00 Fun Facts & Trivia<br>3:30 Refreshments<br>6:30 Movie Night!  |
|   |  |  | 10:00 TV Church Service <b>5</b><br>10:30 Refreshments<br>1:45 Meditative Coloring<br>3:15 Brain Games<br>3:30 Refreshments<br>4:00 Puzzles  | 9:30 Group Exercise <b>6</b><br>10:30 Coffee & News<br>10:30 Refreshments<br>11:00 Stories from the Bible<br>1:30 Pets with a Purpose<br>2:30 Relaxing Movements<br>3:15 Bingo<br>3:30 Refreshments<br>4:00 Brain Games      | 9:15 Laundry Folding <b>7</b><br>10:00 Bingo - AL:DR<br>10:30 Refreshments<br>11:00 Balloon Volleyball<br>2:00 Piano Music with Greg<br>2:30 Walking Club<br>3:30 Armchair Travel: Argentina<br>3:30 Refreshments | 9:30 Group Exercise <b>8</b><br>10:15 Bean Bag Toss<br>10:30 Refreshments<br>11:00 Acts of Kindness<br>2:00 Creative Crafting: Flower Pens - AL:ST<br>3:30 Refreshments<br>4:00 Chair Yoga |
| Happy Mother's Day! <b>12</b><br>10:00 TV Church Service<br>10:30 Refreshments<br>1:45 Meditative Coloring<br>3:30 Mother's Day Tea!<br>3:30 Refreshments<br>4:00 Puzzles | 9:30 Group Exercise <b>13</b><br>10:30 Coffee & News<br>10:30 Refreshments<br>11:30 Stories from the Bible<br>2:30 Balloon Volleyball<br>3:30 Refreshments<br>4:00 Bingo                             | 9:15 Laundry Folding <b>14</b><br>10:00 Bingo - AL:DR<br>10:30 Refreshments<br>11:00 Giant Kickball<br>2:00 Music Sing-Along<br>2:30 Walking Club<br>3:30 Refreshments<br>4:15 Armchair Travel: Canada             | 9:30 Group Exercise <b>15</b><br>10:00 Name That State<br>10:30 Refreshments<br>2:00 Card Games<br>2:30 Refreshments<br>3:00 Glasses Cleaning & Adjustment<br>3:30 Refreshments<br>3:45 Chair Yoga | 9:15 Gardening Club <b>16</b><br>10:00 Strength Exercise<br>10:30 Refreshments<br>11:15 Music with Don - AL:TR<br>2:00 Boots, Bling, & Bingo! - IL:TR<br>3:30 Refreshments   | 9:15 Read & Relax <b>17</b><br>10:30 Balloon Volleyball<br>10:30 Refreshments<br>11:30 Fun Facts & Trivia<br>3:30 Refreshments<br>4:00 Patio Relaxation   | 10:00 Chair Soccer <b>18</b><br>10:30 Brain Games<br>10:30 Refreshments<br>2:30 Bingo - AL:ST<br>3:30 Refreshments<br>6:30 Movie Night!  |
| 10:00 TV Church Service <b>19</b><br>10:30 Refreshments<br>1:45 Meditative Coloring<br>3:15 Brain Games<br>3:30 Refreshments<br>4:00 Puzzles                              | 9:30 Group Exercise <b>20</b><br>10:00 Refreshments<br>10:30 Coffee & News<br>11:30 Stories from the Bible<br>1:30 Pets with a Purpose<br>2:30 Balloon Volleyball<br>3:30 Refreshments<br>4:00 Bingo | 9:15 Laundry Folding <b>21</b><br>10:00 Bingo - AL:DR<br>10:30 Refreshments<br>11:00 Balloon Volleyball<br>2:00 Piano Music with Greg<br>2:30 Walking Club<br>3:30 Armchair Travel: Indonesia<br>3:30 Refreshments | 9:30 Group Exercise <b>22</b><br>10:30 Refreshments<br>11:00 Acts of Kindness<br>3:00 Outing: Farmhouse Creamery<br>3:30 Refreshments  | 9:15 Gardening Club <b>23</b><br>10:00 PO-KE-NO - AL:DR<br>10:30 Refreshments<br>10:30 Strength Exercise<br>11:15 Music with Don - AL:TR<br>3:00 Cooking Club: Cooked Apples<br>3:30 Refreshments<br>6:00 Family Night       | 9:15 Read & Relax <b>24</b><br>10:30 Balloon Volleyball<br>10:30 Refreshments<br>11:00 Worship Service with Mike Thomas<br>2:00 Meditative Coloring<br>3:00 Fresh Fruit Social<br>3:30 Refreshments               | 10:00 Balloon Volleyball <b>25</b><br>10:30 Brain Games<br>10:30 Refreshments<br>2:30 Bingo - AL:ST<br>3:30 Refreshments<br>6:30 Movie Night!  |
| 10:00 TV Church Service <b>26</b><br>10:30 Refreshments<br>1:45 Meditative Coloring<br>3:15 'Did You Know?' Fun Facts & Trivia<br>3:30 Refreshments<br>4:00 Puzzles       | Memorial Day! <b>27</b><br>9:30 Balloon Volleyball<br>10:30 Coffee & News<br>10:30 Refreshments<br>11:00 Stories from the Bible<br>2:30 Giant Kickball<br>3:30 Refreshments<br>4:00 Brain Games      | 9:15 Laundry Folding <b>28</b><br>10:00 Bingo - AL:DR<br>10:30 Refreshments<br>2:15 Armchair Travel - Ireland<br>3:30 Refreshments<br>3:45 Balloon Volleyball  | 9:30 Group Exercise <b>29</b><br>10:30 Refreshments<br>11:00 Rope Knots<br>2:30 Refreshments<br>3:00 Creative Crafting: Flower Pots - AL:ST<br>4:00 May Birthday's Party                           | 9:15 Gardening Club <b>30</b><br>10:30 PO-KE-NO - AL:DR<br>10:30 Refreshments<br>10:30 Strength Exercise<br>11:15 Music with Don - AL:TR<br>3:00 Cooking Club: Cherry Cobbler<br>3:30 Refreshments<br>4:00 Parachute Workout | 9:15 Read & Relax <b>31</b><br>10:30 Balloon Volleyball<br>10:30 Refreshments<br>2:30 Meditative Coloring<br>3:00 Chips and Queso/Salsa Social<br>3:30 Refreshments   | <p><b>KEY</b></p> <p>TR ..... Theatre Room</p> <p>ST ..... Studio</p> <p>DR ..... Dining Room</p> <p>All Activities Subject to Change</p>  |