

Parc at Traditions - Memory Care

February 2019

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

KEY

TR Theatre Room

ST Studio

DR Dining Room

All Activities Subject to Change

<p>10:00 TV Church Service 3</p> <p>10:30 Refreshments</p> <p>2:30 Meditative Coloring</p> <p>2:30 Refreshments</p> <p>3:00 Brain Games</p> <p>4:00 Puzzles</p> <p>5:30 Super Bowl</p>	<p>9:15 Coffee & News 4</p> <p>9:30 Group Workout with Steven</p> <p>10:30 Refreshments</p> <p>11:00 Bible Study</p> <p>2:30 Refreshments</p> <p>4:15 Brain Games</p>	<p>9:15 Laundry Folding 5</p> <p>10:00 Bingo - AL:ST</p> <p>10:30 Refreshments</p> <p>11:15 Balloon Volleyball - AL: TR</p> <p>2:00 Walking Club</p> <p>2:30 Refreshments</p> <p>2:30 This Day in History</p> <p>4:15 Beauty Bar Nails</p>	<p>9:15 Music Sing Along 6</p> <p>10:00 Noodle Workout</p> <p>10:30 Refreshments</p> <p>11:00 Acts of Kindness - AL: ST</p> <p>2:00 Creative Crafting: Yarn Hearts - AL:ST</p> <p>2:30 Refreshments</p> <p>3:30 Flower Arranging</p>	<p>9:15 Gardening Club 7</p> <p>10:00 PO-KE-NO - AL:DR</p> <p>10:30 Refreshments</p> <p>11:00 Balloon Tennis</p> <p>2:00 Painting</p> <p>2:30 Refreshments</p> <p>3:00 Strength Exercise</p> <p>3:30 Sensory Box</p>	<p>9:00 Funny Stories 1</p> <p>10:30 Balloon Volleyball</p> <p>11:00 Refreshments</p> <p>2:00 'What's Cooking?' Club: Chocolate Sugar Cookie Crinkles</p> <p>4:00 Serene Stretching</p>	<p>10:00 Giant Ball Exercise 2</p> <p>10:30 Refreshments</p> <p>11:30 Brain Games</p> <p>2:30 Refreshments</p> <p>6:30 Movie Night!</p>
<p>10:00 TV Church Service 10</p> <p>10:30 Refreshments</p> <p>2:30 Meditative Coloring</p> <p>2:30 Refreshments</p> <p>3:00 'Did You Know?'-- Fun Facts & Trivia</p> <p>4:00 Puzzles</p>	<p>9:15 Coffee & News 11</p> <p>10:00 Aerobic Exercise</p> <p>10:30 Refreshments</p> <p>11:00 Bible Study</p> <p>1:30 Aggieland Pets with a Purpose</p> <p>2:30 Refreshments</p> <p>4:15 Brain Games</p>	<p>9:15 Ring Toss 12</p> <p>10:00 Bingo - AL:ST</p> <p>10:30 Refreshments</p> <p>11:00 Balloon Volleyball - AL:WR</p> <p>2:00 Walking Club</p> <p>2:30 Funny Stories</p> <p>2:30 Refreshments</p>	<p>9:15 Music Sing-Along 13</p> <p>10:00 Noodle Workout</p> <p>10:30 Refreshments</p> <p>11:00 Creative Crafting: Sweet Valentines</p> <p>2:30 Refreshments</p> <p>3:00 Glasses Cleaning & Adjustments - AL:WR</p> <p>4:00 Dominoes</p>	<p>Valentine's Day! 14</p> <p>9:15 Flower Arranging</p> <p>10:00 PO-KE-NO - AL:DR</p> <p>10:30 Refreshments</p> <p>11:00 Giant Soccer</p> <p>12:30 Love Struck Café</p> <p>2:30 Refreshments</p>	<p>9:00 Funny Stories 15</p> <p>10:30 Balloon Tennis</p> <p>10:30 Refreshments</p> <p>2:00 What's Cooking? Club:Chocolate Covered Fruit</p> <p>4:00 Serene Stretching</p>	<p>10:00 Chair Soccer 16</p> <p>10:30 Refreshments</p> <p>11:30 Brain Games</p> <p>2:30 Refreshments</p> <p>6:30 Movie Night!</p>
<p>10:00 TV Church Service 17</p> <p>10:30 Refreshments</p> <p>1:30 Meditative Coloring</p> <p>2:30 Refreshments</p> <p>3:00 Brain Games</p> <p>4:00 Puzzles</p>	<p>9:15 Coffee & News 18</p> <p>10:00 Aerobic Exercise</p> <p>10:00 Refreshments</p> <p>11:00 Bible Study</p> <p>2:30 Refreshments</p> <p>4:15 Brain Games</p>	<p>9:15 Laundry Folding 19</p> <p>10:00 Bingo - AL:ST</p> <p>10:30 Refreshments</p> <p>11:00 Balloon Volleyball - AL:TR</p> <p>2:00 Piano Music with Greg</p> <p>2:00 Walking Club</p> <p>2:30 Refreshments</p> <p>2:30 This Day in History</p> <p>4:15 Beauty Bar Nails</p>	<p>9:15 Music Sing Along 20</p> <p>10:00 Noodle Workout</p> <p>11:00 Acts of Kindness - MC</p> <p>2:00 Creative Crafting: Tie Dye Shirts</p> <p>2:30 Refreshments</p> <p>3:30 Flower Arranging</p>	<p>9:15 Gardening Club 21</p> <p>10:00 PO-KE-NO - AL:DR</p> <p>10:30 Refreshments</p> <p>11:00 Parachute Workout</p> <p>2:00 Painting</p> <p>2:30 Refreshments</p> <p>3:00 Strength Exercise</p> <p>3:30 Sensory Box</p>	<p>9:00 Reminisce: Favorite Music 22</p> <p>10:30 Balloon Tennis</p> <p>10:30 Refreshments</p> <p>11:00 Worship Service with Mike Thomas</p> <p>2:00 What's Cooking? Club: Heart Apple Sandwich</p> <p>4:00 Serene Stretching</p>	<p>10:00 Balloon Volleyball 23</p> <p>10:30 Refreshments</p> <p>11:30 Brain Games</p> <p>2:30 Refreshments</p> <p>6:30 Movie Night</p>
<p>10:00 TV Church Service 24</p> <p>10:30 Refreshments</p> <p>2:30 Meditative Coloring</p> <p>2:30 Refreshments</p> <p>3:00 'Did You Know?' Fun Facts & Trivia</p> <p>4:00 Puzzles</p>	<p>9:15 Coffee & News 25</p> <p>10:00 Aerobic Exercise</p> <p>10:30 Refreshments</p> <p>11:00 Bible Study</p> <p>1:30 Aggieland Pets with a Purpose</p> <p>2:30 Refreshments</p> <p>4:15 Brain Games</p>	<p>9:15 Ring Toss 26</p> <p>10:00 Bingo - AL:ST</p> <p>10:30 Refreshments</p> <p>11:00 Giant Soccer</p> <p>2:00 Walking Club</p> <p>2:30 Funny Stories</p> <p>2:30 Refreshments</p>	<p>9:15 Music Sing Along 27</p> <p>10:00 Noodle Workout</p> <p>10:30 Refreshments</p> <p>11:00 Creative Crafting: Sock Donut - AL:ST</p> <p>2:30 February Birthday's Party</p> <p>4:00 Dominoes</p>	<p>9:15 Gardening Club 28</p> <p>10:00 Giant Soccer</p> <p>10:30 Refreshments</p> <p>11:00 Brain Games</p> <p>2:00 Flower Arranging</p> <p>2:30 Refreshments</p> <p>3:00 Strength Exercises</p> <p>3:30 Sensory Box</p>		