



Soups and Salads

Roasted Tomato Bisque

A rich blend of Valarosa tomatoes, basil, parmesan cheese, and vegetable stock, cup or bowl

Soup of the Day

Cup or bowl

Side Salad

Garden salad or Caesar salad

Cobb Salad

Romaine hearts, shaved turkey, avocado, bacon, tomato, egg, blue cheese crumbles

Caesar Salad ♥

With your choice of grilled chicken, shrimp, or salmon

Trio Salad Plate ♥

Chicken salad, fruit salad, vegetable garden salad

South Beach Salad ♥

Petit organic greens, grilled shrimp, Mandarin oranges, raspberries, toasted almonds

Farmer's Market Steak Wedge

Baby iceberg lettuce, cherry tomatoes, cucumbers, red onions, goat cheese, beef tenderloin

Sandwiches

Add your choice of two accompaniments

Parc Burger

Custom blend patty, grilled, lettuce, tomato, onion, brioche bun, add cheese or bacon

Classic BLT

Crisp applewood smoked bacon, lettuce, tomato, mayo on toasted white or wheat bread

Rueben Sandwich

Corned beef, Swiss cheese, sauerkraut, Thousand Island dressing on marbled rye bread

Deli Sandwich

Sliced smoked honey cured ham or oven roasted turkey, American cheese, lettuce, tomato, on white or wheat bread

Turkey Burger ♥

Grilled, cranberry goat cheese spread, lettuce, tomato on brioche bun

Grilled Cheese

American cheese melted between white or wheat bread, add ham

Parc Turkey Club

Turkey, cheese, bacon, avocado, lettuce, tomato, mayo on wheat or white bread

Chicken Salad Croissant

House made chicken salad, celery, red grapes, almonds, croissant roll, lettuce, tomato, pickle spear



Breakfast Any Time

Parc Omelet

Add your choice of cheese, onion, peppers, ham, tomato, mushroom, spinach, bacon, sausage

Eggs Your Way

Any style you like, served with your choice of meat and toast

Classic Selections

Served with your choice of two accompaniments

Atlantic Salmon ♥

Norwegian salmon, lightly seasoned, pan-seared or grilled

Pasta Gamberi

Shrimp sauteed with garlic, white wine, extra virgin olive oil, basil, slow roasted tomatoes

Smothered Pork Chop

Bone-in, thinly cut pork chop, buttermilk pan reduction

Beef Tenderloin Filet

USDA choice, grilled to order and finished with a Burgundy wine demi-glace

Grilled Chicken Breast ♥

Tender Dijon mustard paprika chicken breast, lemon garden herb reduction

Maryland Crab Cakes

Made with fresh crab meat, remoulade, corn relish

Chopped Steak

Brisket, short rib, chuck blend, grilled and topped with onion mushroom gravy

Fried Shrimp Platter

Butterflied panko breaded shrimp, cocktail sauce

Vegetable Plate ♥

Grilled, steamed or sautéed, served with your choice of four fresh "veggies" of your liking

Chicken Fried Steak

Milk and flour breading with peppered cream gravy

Accompaniments

French Fries

Baked Potato

Baked Sweet Potato ♥

Sauteed Spinach ♥

Broccoli Florets ♥

Green Beans ♥

Sweet Potato Fries

Mashed Potatoes

Creamy Cole Slaw

Fresh Fruit Salad ♥

Steamed Asparagus ♥

Glazed Carrots

Breaded Fried Okra

Sweet Potato Mash

Brown Rice ♥

Green Peas ♥

Roasted Corn ♥

Parc Chips

♥ Denotes Healthier Choice